



School Lunch Environmental Tips

- 🌍 Use a lunchbox instead of a disposable bag. A reusable soft vinyl lunch sack or metal/hard plastic lunchbox will not only reduce waste, but will save you money.
- 🌍 Drop a reusable ice pack in the lunch box to keep food cold until lunchtime.
- 🌍 Pack only what your child will eat, so food is not wasted.
- 🌍 Food will stay fresher and insulated longer if it is packed in reusable plastic containers. Plastic containers come in all shapes and sizes, so they are suitable for all lunchboxes. (In fact, over the long run, plastic containers are cheaper than plastic baggies.)
- 🌍 Use a thermos to carry beverages instead of buying individually packaged drinks.
- 🌍 Buy food products in bulk quantities instead of individually packaged products to reduce waste. For example, buy raisins in bulk amounts and bring a serving in a plastic container instead of buying individual snack size boxes.
- 🌍 Buy products that are recyclable and are made from recycled materials.
- 🌍 Always recycle soda and other beverage cans, bottles and plastic containers.
- 🌍 Bring metal silverware from home or wash and reuse your plasticware.
- 🌍 Use a cloth napkin and wash it after use instead of throwing away paper napkins.